

Manipal Hospital performs fast track knee replacement

PANAJI: Manipal Hospital-Goa scripted a rare surgery to give new lease of life to 53-yr-old Gomes who underwent a successful bilateral knee replacement. Gomes was suffering from chronic knee arthritis and was confined to wheel chair for almost 2 years and had lost all hopes of walking ever again in life. Dr Rohan Dessai, consultant joint replacement surgeon and team took up this challenging surgery after winning the confidence of patient and her family. Bilateral knee replacement surgery for both knees was performed in not more than 2.5 hours and the patient recovered well. Dr Dessai said, "The condition of Gomes was extremely critical as she was wheelchair bound for more than 2 years and could not move about at all. Post-surgery on the very next day she was made to stand and walk, she will be visiting our hospital for a regular physiotherapy for the next 10 days." NT

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Manipal Hospital successfully performs fast track knee replacement of a woman

BY A STAFF REPORTER

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Panaji: Manipal Hospital-Goa scripted a rare surgery to give new lease of life to 53-year-old Mrs Gomes, who underwent a successful bilateral knee replacement.

Gomes was suffering from chronic knee arthritis and was confined to a wheelchair for almost two years and had lost all hopes of walking ever again in life.

Dr Rohan Dessai, consultant joint replacement surgeon and team took up this challenging surgery after winning the confidence of patient and her family. Bilateral knee replacement surgery for both knees was performed in not more than 2.5 hours and the patient recovered well.

Arthritis is an inflammation of the joints. The condition can affect one joint or multiple joints, causing pain and stiffness in the affected area. When these symptoms occur in one or both knees, it usually

indicates that the cartilage in the joints has worn away. Knee replacement surgery is the only way to replace the damaged joints and to relieve symptoms. Patients whose both knees are affected by severely damaged cartilage and decreased mobility, bilateral knee replacement is the best option. During this procedure, both the knees are replaced during the same surgery.

Speaking on the occasion Dr Rohan Dessai said, "The condition of Mrs Gomes was extremely critical as she was wheelchair bound for more than two years and could not move about at all. There are many advantages of bilateral total knee replacement in a single sitting which include reduced operating time, physio therapy becomes easier when both the knee are operated together, shorter hospital stay, reduced cost and the pain of undergo-

ing two separate surgeries for both knees is avoided. The surgery was unevent-

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- DR ROHAN DESSAI,
Surgeon

ful and the patient responded well. Post-surgery on the very next day she was made to stand and walk, she will be visiting our hospital for a regular physiotherapy for the next 10 days.”

Dr Dessai further added, "When the cartilage has worn away in both knees, an artificial knee (called a prosthesis) can take its

place. The surgery to implant both of the prosthesis together is termed a Bilateral Total Knee Replacement. Only the surface of the joint is removed - the arthritic ends of the bones are shaved off and replaced with new metal and plastic surfaces. The knee replacement recreates almost normal function of the knee, and its main goal is to relieve pain and helps to restore motion of both knees and straighten the limbs.”

Girish Babu Bommakanti, Unit Head, Manipal Hospitals Goa said, "Manipal Hospitals Goa is always the front runner when it comes to having cutting edge technology, world class infrastructure and competent team of doctors. It's definitely a moment for us to rejoice as Mrs Gomes gets fresh lease of life and is able to resume normal life. We will endeavour to achieve more such milestones and continue to offer the best medical treatments and care to the people of Goa.”